

Bremex Mountaineering & Climbing Club

Weekend Review for 19-20th April 2008

Attendees: Amanda Reddy, Tony Halliwell, Penny Rawle, Jeff Richardson, Sylvia Flohe, Steve Rawle

Late cancellations due to sickness and work (which would otherwise have seen us into double figures) meant we had six attendees. Despite this small number and lack of sleep on Friday night for Tony & Amanda (party time in a nearby tent), everyone was keen to make the most of the weekend opportunities. This is what you missed....

Saturday, cold and windy but dry so everyone was keen for scrambling. Cneifion Arete was chosen since this was sheltered from the strong easterly wind and was a suitable grade for our two parties. Roped scrambling techniques including direct & indirect belaying and party management were practised. After lunch at the top, one party continued on to Glyder Fach and practiced navigation in the mist on the top before descending to Bwlch Tryfan in a foot or more of snow! Meanwhile, Tony and Steve reversed the scramble so that they could practice scrambling techniques used in descent. This ascent and descent formed the basis of a mutual assessment which resulted in both of them being validated as scrambling group leaders. We hope other members will undertake validations on future weekends so we can develop a network of leaders.



Sunday was cold and drizzly, but undaunted, all walked into Cwm Cneifion where a lot of snow had been observed the previous day. This was a chance to practice some basic winter techniques such as ascending and descending snow slopes, displaced stepping (elongated post holing), use of ice axes and a simple way of using the rope to descend over steep snow. To complete the weekend some navigation exercises, where we set different legs for each other, got us down to the valley at 4:30 pm. A cup of tea in the Pinnacle Café to finish then home.



Thanks to all participants for a great weekend.