

## **Bremex Mountaineering and Climbing Club**

### **Criteria for full club membership**

1. To demonstrate commitment to the principles and values of the club i.e. share experience in order to learn, develop, practice and maintain mountaineering skills within a structured programme guided by National Governing Body (N.G.B.) good practices, to promote safety and good practice in the mountains.
2. To demonstrate commitment & willingness to foster an atmosphere of welcome, co-operation and team spirit.
3. The following is unlikely to be achieved with less than 50 logged days of hill walking, mountaineering or climbing activities.
4. To demonstrate summer hill walking and mountaineering experience and skills. Competent in micro and macro navigation in good and poor visibility, competent on steep ground, competent at route planning, appropriate use of clothing and equipment. Competent at wild camping.
5. To demonstrate a reasonable level of fitness to sustain a full day 6-7 hours on the hill.
6. To provide evidence of active logged hill walking/climbing experience